

## Draft Blessington Local Area Plan Submission - Report

Who are you:	Private Individual		
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## **Topic**

Community Development (incl. sports facilities & schools, etc.)

## Submission

Hi.

I am a member of the Lakeshore Striders based in Blessington which is an Athletics Ireland affiliated running club. I took up running ten years following completing the Coach to 5k program which is run nationally via running clubs including our running club. Running is very good for providing a social outlet, exercise and promoting physical and mental health in our community. Athletics is one of the fastest growing sports in Ireland. There is currently no adequate running facility in the town which has a population of 6000 people. (2022 census). Blessington is a fast growing town and will require sporting facilities located in the town area. The club uses the rear of the community college for training. This is restricted to the use of a gravel track which is located around the playing fields. There are no changing rooms, toilet facilities or an all weather surfaced track for the members. As part of the towns development plan a 400 metre running facility should be provided for use by Schools / Athletics Clubs and the Community Games in the local area plan. It may also be located as part of a common sports facility as found in other towns and shared by other sporting organisations,

Regards,

Turlough Kinane